

# La Leche League in Malaysia

## MEETINGS

A continuing series of informal discussion meetings are offered and are open to all women interested in breastfeeding (pregnant or otherwise). Nursing infants and toddlers are always welcome. Meetings cover such topics as the benefits of breastfeeding, getting started and family adjustments & support, overcoming difficulties, nutrition, and weaning. Enrichment meetings focus on a topic in depth.

### **La Leche League Desa Parkcity**

Meetings are every third Tuesday of the month. Contact Alicia for breastfeeding support, meeting information, and directions.

### **La Leche League Kuala Lumpur - Ampang**

Meetings in Ampang are the first Monday of each month except for public holidays. Contact Michelle for breastfeeding support, meeting information, and directions.

Facebook page for La Leche League in Kuala Lumpur:

<https://www.facebook.com/La-Leche-League-Kuala-Lumpur-164309356964735/>

## LEADER CONTACT INFORMATION

Leaders are experienced mothers who are accredited by La Leche League International.

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